

Healthfulness Choice One-Item Screener Version

Healthfulness Choice (N6). In the last 12 months, (I/we) could control if (I was/we were) able to eat foods that were good for (my/our) health and well-being.

- Never
- Rarely
- Sometimes



If "Never," "Rarely," or "Sometimes" is selected for this question, then the participant has screened positive for needing support around accessing healthful foods.

- Often
- Always
- Don't know