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www.centerfornutrition.org

Education

- 2016 RDN Pennsylvania State University, State College, PA**
ACEND Accredited Dietetic Internship
- 2015 MS University of Delaware, Newark, DE**
MS Concentration: Human Nutrition
Thesis: *Growth, breastfeeding, and total energy expenditure in infants with congenital heart disease*
- 2013 BS University of Delaware, Newark, DE**
Major in Dietetics, Minor in Journalism

Professional Experience

Project Coordinator, Gretchen Swanson Center for Nutrition (GSCN)

Omaha, NE | October 2022 – Present

- Lead project management efforts to ensure projects are completed on time, within scope, and within budget.
- Provide tailored technical assistance and support to a variety of sub-grantees, helping ensure the sub-grant projects achieve their goals.
- Develop and manage project plans inclusive of project stages, tasks, assignments, and deadlines.
- Schedule, organize, and lead client and work team meetings; develop agendas, document notes, and oversee action items.
- Support data collection by scheduling participant and site data collection meetings and, when necessary, collecting quantitative and qualitative data.
- Direct the development of project deliverables by leading planning sessions, delegating assignments, writing report sections, developing deliverable drafts, reviewing branded deliverables, presenting deliverables to clients.
- Establish and build relationships with clients, by representing GSCN in larger partner calls, communities of practice, national conferences, and other meetings, as relevant.

WIC Program Manager, Pueblo Department of Public Health and Environment

Pueblo, CO | July 2019 – October 2022

- Coordinate program deliverables as WIC Local Agency Director to Pueblo, Baca, Bent, Trinidad, and Walsenburg WIC offices in Southeastern Colorado
- Supervise and coach WIC and Breastfeeding Peer Counselor Program employees
 - Act as hiring manager for vacant positions
 - Onboarding and orientation to new staff members
 - Ensure compliance with local department policies and WIC policies and procedures
- Continuous work within the area of quality improvement
- Participate in and lead specific areas within the department's strategic plan and Community Health Improvement Plans
- Ensure budget is utilized in compliance with state and local policies and guidelines

Professional Experience (Continued)

Public Health Registered Dietitian, Pueblo Department of Public Health and Environment
Pueblo, CO | March 2017 – July 2019

- Provide nutrition education and breastfeeding support to WIC participants.
- Supervise and coach 3 WIC educators throughout daily clinic activities
- High-risk Counselor to Bent County, Trinidad and Walsenburg WIC offices

Administrative Dietitian, Falcon School District 49
Peyton, CO | September 2016 – March 2017

- Created monthly menus and posted to school website for Elementary, Middle School and High School
- Held taste tests with student panels to determine best product to place on the menu for rotations
- Created recipes and analyzed USDA meal compliance using NutriKids software

Remote Consulting Dietitian, Bake Shop VI
Pottsville, PA | September 2017 – February 2021

- Analyze components and compliance of Charter School meals
- Enter ingredients, recipes and menu cycles for analysis in HealthE Pro software
- Provide menu alterations as needed for children with allergies

Teaching Assistant, *Vegetarianism/Spice Kitchen*, University of Delaware
Newark, DE | September 2013 – May 2015

- Instructed undergraduate students on the nutrition components of a vegetarian lifestyle and health benefits of spices - total of 4 classes per week (100 students/semester)

***All grants/contracts have associated technical reports, infographics, toolkits and/or other products.**

Grants and Contracts – Current*

October 2022 - Present	FNS: WIC Online Ordering – United States Department of Agriculture (USDA), Food and Nutrition Service (FNS) <ul style="list-style-type: none">• Develop and test a safe and secure plan for implementing online grocery ordering for participants of the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC).• Role: Project Coordinator
October 2022 - Present	WIC Special Project Innovation – Council of State Governments (CSG) <ul style="list-style-type: none">• Assist CSG in developing measurement procedures to capture impacts of WIC projects, including wait times, participant satisfaction, and other variables.• Role: Project Coordinator
October 2022 - Present	WIC Community Innovation and Outreach (CIAO) – Food Research and Action Center (FRAC) <ul style="list-style-type: none">• Assist FRAC in designing the grant program and learning collaborative structure• Design and develop measurement procedures to capture the implementation and impacts of WIC projects, including messaging reach, participant satisfaction, and other variables.• Role: Project Coordinator
February 2017 - May 2018	Evaluation of the Cooking Matters Mobile Application – Share Our Strength <ul style="list-style-type: none">• Co-lead evaluation of the Cooking Matters at the Store (CM@TS) mobile application to help low-income mothers of young children (aged 0 – 5) make

positive changes with regard to their dietary behaviors and grocery shopping knowledge and skills.

- Role: Co-Primary Investigator

Peer-Reviewed Publications

1. Trabulsi JC, Irving SY, Papas MA, **Hollowell C**, Ravishankar C, Marino BS, Medoff-Cooper B, Schall JI, Stallings VA. Total Energy Expenditure of Infants with Congenital Heart Disease Who Have Undergone Surgical Intervention. *Pediatr Cardiol*. 2015 Dec;36(8):1670-9. doi: 10.1007/s00246-015-1216-3

Manuscripts Under Review

1. Russel, S., Lessen R., Rovner, A., Delahanty, M., **Hollowell, C.**, Weisberg, E., Trabulsi, J. (Under Review). Breastfeeding characteristics and duration of feeding human milk in infants with congenital heart disease.

Honors, Awards and Professional Associations

Honors and Awards

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| 2015 | Academy Foundation Scholarship: Colonel Miriam E Perry Goll Memorial Scholarship |
| 2015 | First Step, University of Delaware, 3 rd place |
| 2012 | Joan McKinney Prall Scholarship |

Professional Associations

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| 2017-2022 | National WIC Association Member |
| 2015-2019 | Academy of Nutrition and Dietetics Member |

Professional Trainings

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| 2019 | Question, Persuade and Refer (QPR) |
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Volunteer Experience

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| 2020 – Present | Red Cross - Sound The Alarm – local event that occurs multiple times/year to install smoke alarms in homes |
| 2016 | Interprofessional Education Group - Assisted in educating specific populations on various health topics alongside other medical professionals |
| 2007, 2011-2016 | Mission Trips to Cheyenne River Sioux Indian Reservation, South Dakota |
| 2007 | Mission Trip to Honduras |