

Maryan Isack, MS

Headquarters: 14301 FNB Parkway, Suite 100
Omaha, NE 68154

Remote Location: Boston, Massachusetts

Office: (531) 895-4145

misack@centerfornutrition.org

www.centerfornutrition.org

www.nutritionincentivehub.org

Education

2022 MS Friedman School for Nutrition, Tufts University, Boston, MA

Specialization: Nutrition Science and Policy

2020 BA University of Southern Maine State, Portland, ME

Major in Health Science, Minor in Holistic and Integrative Health, Food Studies

Graduated with Honors

Professional Experience

Research Associate, Gretchen Swanson Center for Nutrition (GSCN)

Omaha, NE | February 2023 – Present

- Support the implementation of research for an independent, 501(c)(3) tax-exempt non-profit nutrition research center:
 - Conduct and document literature reviews
 - Develop valid and reliable measurement tools including assessments, surveys, and interview guides
 - Develop and submit IRB applications
 - Prepare quantitative measurement tools for distribution by formatting paper forms or building electronic surveys
 - Collect qualitative and quantitative data by conducting interviews/observations and administering surveys/assessments.
 - Develop codebooks to ensure accurate data entry and storage
 - Transcribe qualitative data gathered from interviews, and prepare transcribed data for coding and analysis
 - Support the development of deliverables, presentations, and manuscripts by participating in storyboarding sessions, writing report sections, presenting deliverables, and supporting manuscripts development

Research Assistant, Harvard T.H Chan School of Public Health

Cambridge, MA | March 2022 – June 2022

- Working under Dr. Kenney on her NIH-funded project titled, Early Nutrition: Researching the CACFP Nutrition Standards (ERICHS), the objective of the study is to identify how the implementation of the Child and Adult Care Food Program (CACFP) can be improved to have a stronger impact on children's diet quality.
- Assisting with the following:
 - Participant recruitment
 - Managing digital device media

- Data collection
- Data management
- Reviewing data quality

Professional Experience (Continued)

Research Assistant for USDA/Tufts Telehealth Intervention Strategies for WIC at Childhood Obesity 180, The Gerald J. and Dorothy R. Friedman School for Nutrition Science and Policy at Tufts University
Boston, MA | May 2021– June 2022

- Coordinated data provision from funded WIC State Agencies
- Conducted literature reviews
- Supported the development of content for THIS-WIC learning collaborative and best practices guides for key project personnel
- Developed and updates communication materials, including web-based content and content for emails and outreach for funded WIC State Agencies
- Conducted key informant interviews with WIC staff and directors around their perceptions of implementation of telehealth as part of WIC services
- Transcribed qualitative data

Evaluation Enumerator, Daily Table
Boston, MA | October 2021– March 2022

- Responsible for conducting customer intercept surveys for USDA-funded assessment on customers' perceptions of the Double Up Food Bucks Program, a special SNAP incentive program, which doubles the value of federal nutrition (SNAP or food stamps).
- Conducted program evaluation to gain a deeper understanding of SNAP customers' fruit and vegetable purchases and consumption, food security, and participant sociodemographic
- Maintained ethical standards, customer focus, and study protocol procedures.

Food and Policy Research Intern, Cumberland County Food Security Council
Portland, Maine | May 2019 – May 2020

- Supported convening and work of the Council's Food Policy Committee with an emphasis on implementing LD 1159: Resolve, To End Hunger in Maine by 2030
- Collected data on food related programs in Portland School Lunch Programs
- Assisted with community organizing, event planning, and resource development
- Informed decision-makers and public about food security
- Supported the Portland Public Schools Food Fuels Learning Initiative and the Council's Closing the Hunger Gap with Local Food initiative

Gateway to Opportunity Team Leader II, Goodwill of Northern New England
Portland, Maine | May 2018– August 2018

- Lead a group of youth in examining food insecurity in the Portland Public Schools
- Collaborated with local organizations who aim to combat food insecurity alongside the Portland Public Schools Food Service Department
- Assisted in the creation of recipes using items typically donated at food pantries
- Held a tasting event for elementary school students using healthy ingredients from food pantries to expose kids to healthy food options

Gateway to Opportunity Team Leader I, Goodwill of Northern New England
Portland, Maine | May 2017– August 2017

- Lead a group of youth through a community-based project in collaboration with the Greater Portland Council of Government (GPCOG) on food entrepreneurship and sciences

- Provided youth education on aspects of production from designing plots, pitching concepts to lenders, and business counselors to manufacturing food for sale Assisted in the creation of recipes using items typically donated at food pantries

Grants and Contracts (Current)

- | | |
|-----------------------------------|--|
| February 2023 -
August 2025 | <p>Food as Medicine 3.0 Evaluation: Assessment of Longitudinal Impacts and Implementation Best Practices</p> <ul style="list-style-type: none"> • Provides technical assistance to evaluate Feeding America’s Food as Medicine 3.0’s impacts on nutrition and health outcomes and assess implementation successes and challenges. • Role: Research Associate |
| February 2023 -
September 2023 | <p>An Evaluation of Training and Technical Assistance Model for Voice for Healthy Kids- American Heart Association</p> <ul style="list-style-type: none"> • Provides technical assistance to cohort of grantees that run advocacy campaigns to push for local- and state-level policy change • Supporting evaluation framework for assessing the Voices training and technical assistance model through qualitative and quantitative data collection methods • Role: Research Associate |
| February 2023 -
October 2024 | <p>Research and Evaluation Partnership for UnitedHealthcare</p> <ul style="list-style-type: none"> • Provides technical assistance to selected grantee’s in UnitedHealthcare’s Empowering Health initiative through the provision of technical assistance via document review, tool development, data analysis, data management, and reporting • Role: Research Associate |