Nutrition Security

*Note: Question numbering refers to the unique item identifiers referenced in the user’s guidance documents. Feel free to note these unique identifiers and then modify the numbering as needed. Delete this note and any additional notes as well, prior to using.*

**The following questions ask about your household's ability to be able to decide what you eat.**

**N1.** In the last 12 months, (I/we) had to eat some foods that were not good for my health and well-being because (I/we) couldn’t get other types of food.

* Never
* Rarely
* Sometimes
* Often
* Always
* Don’t know

**N2.** In the last 12 months, (I/we) knew there were things (I/we) should or should not eat for (my/our) health and well-being, but could not get healthful food.

* Never
* Rarely
* Sometimes
* Often
* Always
* Don’t know

**N3.** In the last 12 months, (I/we) worried that the food (I was/we were) able to eat would hurt (my/our) health and well-being.

* Never
* Rarely
* Sometimes
* Often
* Always
* Don’t know

**N4.** In the last 12 months, (I/we) had to eat the same thing for several days in a row because (I/we) didn’t have money to buy other food.

* Never
* Rarely
* Sometimes
* Often
* Always
* Don’t know