

Grace Stott, MS, RDN, LDN

14301 FNB Parkway, Suite 100

Omaha, NE 68154

Office: (531) 895-4211

gstott@centerfornutrition.org

www.centerfornutrition.org

Education

- 2022 RDN Immaculata University, Malvern, PA**
- 2021 MS University of New Hampshire, Durham, NH**
Department of Agriculture, Nutrition and Food Systems
Specialization: Nutritional Sciences
- 2020 BS University of New Hampshire, Durham, NH**
Major in Nutrition: Dietetics, EcoGastronomy
Graduated summa cum laude

Professional Experience

Research Associate, Gretchen Swanson Center for Nutrition (GSCN)

Remote | July 2023 – Present

- Support the implementation of research and evaluation projects for an independent, 501(c)(3) tax exempt non-profit nutrition research center.
 - Conduct and document literature reviews.
 - Prepare quantitative measurement tools for distribution by formatting paper forms or building electronic surveys.
 - Collect qualitative and quantitative data by conducting interviews/observations and administering surveys/assessments.
 - Develop codebooks to ensure accurate data entry and storage.
 - Transcribe qualitative data gathered from interviews and prepare transcribed data for coding.
 - Prepare data for analysis by cleaning, coding, and merging data.
 - Conduct qualitative and quantitative data analysis.
 - Support the development of deliverables, presentations, and manuscripts by participating in storyboarding sessions, writing report sections, presenting deliverables, and supporting manuscript development.

Research Assistant, Disability and Health Program, UNH Institute on Disability

Remote | November 2022 – Present

- Design and execute original research, including literature reviews, IRB submission, interview protocols, data analysis on New Hampshire food insecurity prevalence among persons with disabilities.
- Write data briefs on topics related to disability and food insecurity.
- Serve as general expert on the topic of food insecurity for the Disability and Health Program within the University of New Hampshire's Institute on Disability; liaise with statewide agency contacts.

Patient Experience Manager, Registered Dietitian, Sodexo

Philadelphia, PA | August 2022 – July 2023

- Determine nutrition-related decisions for food & nutrition department, including patient menu creation and staff trainings.
- Hiring manager for new food service employees, including recruiting, onboarding, and training.
- Serve as the liaison between the clinical dietitians, food service department, and nursing staff.
- Supervise Diet Office operations and unionized staff, including patient tray-line oversight to ensure meal accuracy and patient safety.
- Collaborate with food & nutrition department and conduct meal rounds with patients to improve the food service experience.
- Project lead for new 50 bed pediatric behavioral health wing, roles including menu design and operation protocol development.

Fellow, Leadership and Education in Neurodevelopmental Disabilities, Institute on Disability
Durham, NH | September 2020 – May 2021

- Completed 200 hours of coursework in leadership, neurodevelopmental disabilities, and maternal and child health.
- Collaborated on food insecurity research project, published in *Disability and Health*.
- Presented to New Hampshire Senator Maggie Hassan on The Home and Community Based Services Access Act at the Disability Policy Seminar.
- Participated in a clinical placement to apply the skills and knowledge learned during seminar and assignments.

Office Assistant, University of New Hampshire EcoGastronomy Department
Durham, NH | September 2020 – May 2021

- Prepared materials for ECOG 401 class, including food tasting handouts and samples.
- Coordinated the creation of seasonal newsletters, with content including food-related articles and alumni interviews.
- Completed assignment grading and administrative tasks for the department as needed by the Director.

Wellness Specialist, Fitness Department Administrator, Upper Valley Aquatic Center
Hartford, VT | December 2019 – April 2021

- Provided telehealth nutrition education and counseling for an eight-week weight loss exercise program.
- Developed a meal planning and nutrition counseling service for members, and produced quality, evidence-based nutrition content.
- Completed administrative work for the department, including class registrations and staff communications.

Research Intern, New England Public Health Training Center & Gather NH
Rochester, NH | June 2020 – August 2020

- Collected process and outcomes evaluation data on the Meals4Kids Mobile Market through interviews, surveys, and focus groups to learn more about mobile market usage and impact.
- Assisted Evaluation Consultant in the evaluation of a children's mobile food pantry program run by Gather NH.
- Executed a comprehensive literature review of food insecurity and food assistance programming in New Hampshire and nationwide; led weekly meetings with key Gather NH staff to collect additional information.

Farmers' Market Assistant, Lebanon Farmers' Market
Lebanon, NH | May 2020 – August 2020

- Served as assistant to the Farmers' Market Director for Farmers Markets serving six communities and 700 people each week.
- Checked with vendors to ensure they were well-supported and had everything they needed,

- Managed entry and exit points and answered any questions that customers may have had.
- Produced social media content highlighting specific products and vendors to increase overall attendance at the Farmers' Market.

Teaching Assistant, *Introduction to EcoGastronomy*, University of New Hampshire
Durham, NH | January 2020 – May 2020

- Assisted in the development of lesson plans and improved student understanding of food production, ecology, cuisine, and nutrition.
- Facilitated student conversations with guest lecturers, food tastings and cultural culinary film discussions.

Intern, *HealthyUNH*, University of New Hampshire
Durham, NH | January 2020 – June 2020

- Created weekly blogs and wrote articles for HealthyUNH newsletter and website serving UNH students, faculty, and staff.

Manager, The Waysmeet Center
Durham, NH | January 2017 – March 2020

- Organized and coordinated volunteers to ensure food pantry and events were well-staffed.
- Served as contact point for incoming and current volunteers; trained new staff and assisted with questions and logistics.
- Staffed table at the Seacoast Winter Farmers' Markets and provided information to farmers and patrons about donating food.
- Organized and maintained food and related donations to the food pantry through effective communication with food donors, other food pantries, and emergency food providers.

Grants and Contracts – Current

July 2023 - Present	<p>New Jersey Food Insecurity Initiative Planning – Robert Wood Johnson Foundation (RWFJ)</p> <ul style="list-style-type: none"> • Work with stakeholders to support co-development of the strategic plan and evaluation plan for the New Jersey Food Security Initiative. • Role: Research Associate
July 2023 - Present	<p>Evaluation of the Get Schools Cooking Program – Chef Ann Foundation</p> <ul style="list-style-type: none"> • Assess the impact of participating in GSC for districts in cohorts 1-5 through qualitative interviews and implementation score. • Role: Research Associate

Peer-Reviewed Publications

1. **Stott G**, Taetzch A, Morrell JS. College students with disabilities report higher rates of food insecurity. *Disability and Health Journal*. 2023;101485. doi:10.1016/j.dhjo.2023.101485
2. Brucker DL, **Stott G**, Phillips KG. Food sufficiency and the utilization of free food resources for working-age Americans with disabilities during the COVID-19 pandemic. *Disability and Health Journal*. 2022;15(3):101297. doi:10.1016/j.dhjo.2022.101297

Presentations

1. **Understanding Food Insecurity Prevalence Among Persons with Disabilities**. Independent Monitoring for Quality Annual Statewide Training – The Advocacy Alliance. Pennsylvania, July 2022.
2. **College Students with Disabilities Report Higher Rates of Food Insecurity**. Nutrition – American Society for Nutrition. Boston, MA, June 2021

3. **College Students with Disabilities Report Higher Rates of Food Insecurity.** UNH Graduate Research Conference. Durham, NH, April 2021
4. **Design and Implementation of a Nutrition Education Program in Jail Population.** UNH Undergraduate Research Conference. Durham, NH, April 2020.

Honors and Awards

2020	UNH Undergraduate Research Conference Department 1 st Place Winner
2020	NH Academy of Nutrition and Dietetics Outstanding Student
2018	UNH Nutrition Department Academic Achievement Award
2017	UNH Emerging Leaders Award
2016-2021	Highest Honors, High Honors, consecutively