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Education

- 2015 PhD The Ohio State University, Columbus, OH**
College of Public Health, Division of Epidemiology
Specialization in Epidemiology, Minor in Biostatistics
Dissertation: Behavioral & pharmacoepidemiological risk factors & mediators of type 2 diabetes mellitus.
- 2012 MPH Southern Connecticut State University, New Haven, CT**
Department of Public Health
Concentration: Health Promotion
Thesis: The impact of nutritional knowledge on students' food choices
- 2007 BS University of Connecticut, Storrs, CT**
Double Major: Chemistry and Physiology & Neurobiology
Honors Thesis: Fast, easy, clean approaches to large-scale green chemistry and immunofluorescent localization and distribution of proteins in the mammalian sinoatrial node.
Graduated cum laude, honors program.

Professional Experience

- Health Services Research Scientist**, Gretchen Swanson Center for Nutrition (GSCN)
Omaha, NE | December 2023 – Present
- Lead and/or provide oversight for all scientific aspects of research and evaluation projects.
- Director**, Epidemiology and Translational (EAT) Research Laboratory,
Remote | 2021 – Present
- Lead student and alumni research team in conducting studies in the areas of college student health, food/ nutrition security, chronic disease prevention and epidemiology methods.
- Clinical Data Scientist**, Consultant, OhioHealth, Department of Data Science
Columbus, OH | 2016 – Present
- Conduct implementation, quality improvement, research, and evaluation projects for the health system.
- Assistant Professor of Public Health**, Department of Health, Exercise Science and Recreation Management,
School of Applied Sciences, University of Mississippi
Oxford, MS | 2021 – 2023
- Academic, tenure-track position with research, teaching, and service obligations
- Assistant Professor of Public Health**, Department of Public Health, Southern Connecticut State University
New Haven, CT | 2016 – 2021
- Academic, tenure-track position with research, teaching, and service obligations

Professional Experience (Continued)

Clinical Database Informatist, OhioHealth, Department of Clinical Transformation
Columbus, OH | 2014 – 2016

- Work with the Diabetes Prevention Program (DPP) team to understand the effectiveness of the worksite DPP. Prepare data for submission to the Centers for Disease Control. Analyze data as needed.
- Conduct implementation, quality improvement, research, and evaluation projects for the health system.

Graduate Research Associate, The Ohio State University, College of Public Health, Division of Epidemiology
Columbus, OH | 2012 – 2014

- Contribution to research and teaching in the division of epidemiology.

Intern in Epidemiology, Public Health Department, City of New Haven
New Haven, CT | 2012

- Compiled data from secondary sources and maintained records for childhood obesity study. Assisted the city epidemiologist in projects.

Research Assistant, Rudd Center for Food Policy and Obesity, Yale University
New Haven, CT | 2011 – 2012

- Assist in data collection, data entry, data cleaning, and data analysis as needed.

High School Science Teacher, Westhill High School, Science Department
Stamford, CT | 2010, 2008 – 2009

- Taught honors biology, general physical science, general biology, and forensics classes.

Research Assistant Volunteer, Veteran's Administration Hospital, Department of Endocrinology
West Haven, CT | 2009 – 2010

- Assist with research studies as needed.

Organic Chemist, Pfizer Inc., Central Nervous System (CNS) Chemistry
Groton, CT | 2008

- Synthesize novel compounds and conduct testing for compound purity (H-NMR, mass spectrometry, chromatography). Maintain research records, collaborate with team and communicate findings.

Grants and Contracts – Current

January 2024 – December 2024 **Linking Programmatic and Contextual Factors with Improved Food is Medicine Engagement Across the U.S. – American Heart Association**

- This project will use detailed data about intervention characteristics and implementation strategies from GusNIP Produce Prescription projects across the U.S. to identify project characteristics, strategies, and contexts associated with high levels of participant engagement.
- Role: Co-Investigator

December 2023 – November 2025 **Food as Medicine 3 (FAM3) – Feeding America and Elevance Health Foundation**

- An external evaluation of 21 regional food bank and health care system partnerships regarding diet, food security, health, economics, healthcare utilization, and implementation outcomes.
- Conduct an implementation study to document challenges and facilitators of food as medicine programs across a variety of settings and partnerships.
- Role: Co-Investigator

- September 2019-
September 2024 **Nutrition Incentive Program Training, Technical Assistance, Evaluation and Information Center (NTAE) – National Institute of Food and Agriculture, United States Department of Agriculture**
- Reporting, evaluation, and technical assistance to Gus Schumacher Nutrition Incentive (GusNIP) grantees to implement core measures to examine the impacts of nutrition incentive and produce prescription funding.
 - Role: Research Scientist, Produce Prescription Projects, 2022 - 2024
- July 2022 – June
2025 **Leveraging Nutrition and Lifestyle for Diabetes Prevention Across the Life Span**
- Innovative Clinical or Translational Science Award – American Diabetes Association (ADA)
 - Conduct a quasi-experimental study on the impact of produce prescription programs on diabetes management.
 - Role: Research Scientist
- January 2024 –
December 2025 **Mississippi Department of Health: Maternal Health Grant. Food is Medicine: Improving Maternal Cardiovascular Health in Mississippi. – University of Mississippi**
- Conduct evaluation of FIM program.
 - Role: Co-Investigator
- September 2023
– December 2025 **USDA Gus Schumacher Nutrition Incentive Produce Prescription Program. Leveraging Produce Prescriptions to Increase Access to Fresh Produce in the MS Delta: Investing in Historically Marginalized Communities – University of Mississippi**
- Evaluation of a novel produce prescription program.
 - Role: Investigator
- 2024 **Experiences of food insecurity among college students caring for children and or/ other dependents: A scoping review– Healthy Eating Research Grant**
- Scoping review to summarize the experiences of food and nutrition security among college students with dependents.
 - Role: Co-investigator

Grants and Contracts – Past

- 2023 **Community Partnership Development Grant. Whipping up Good Health – University of Mississippi**
- Development of a community needs assessment to understand food access.
 - Role: Faculty mentor (doctoral student is PI)
- 2022 - 2023 **Achieving Health Equity Grant. Implementing a College Health Survey at UM to Measure Food Insecurity among Undergraduates – University of Mississippi**
- Develop and deploy a survey to obtain representative estimates of food security, health characteristics and health behaviors among undergraduate students on campus. Collaborative project with Grove Grocery, Veteran’s Association and William Macgee Center.
 - Role: Principal Investigator

- 2022 **Summer Undergraduate Research Group Grant. Grassroot Garden Initiatives: Growing the next generation of researchers to promote health. – University of Mississippi**
- Develop an interdisciplinary summer undergraduate research training program for students focusing on community based participatory research methods and food and nutrition research.
 - Completed a mixed methods needs assessment for the university community.
 - Role: Principal Investigator
- 2022 **Diversity Incentive Fund. Addressing Food Insecurity at UM with a Peanut Butter and Jelly Day – University of Mississippi**
- Partnership between Student Veteran Affairs and Grove Grocery (campus food pantry). Develop and deploy tabling events and peer to peer education to share food security resources available on campus.
 - Role: Principal Investigator
- 2021 **Diversity Incentive Fund. Health Equity in Mississippi During the COVID-19 Pandemic: A Panel Discussion. – University of Mississippi**
- Development and organization of a panel discussion for students at the University of Mississippi and the local Oxford, Lafayette County community.
 - Role: Organizer
- May 2021 – May 2022 **Two years later: Changes in college student food insecurity. Connecticut State Universities Grant – Southern CT State University** (awarded, not accepted)
- This proposal will conduct follow up interviews with (n=100) students/alumni to (1) measure changes in food insecurity, (2) understand factors contributing to food insecurity changes, and (3) understand how food insecurity changes once students graduate from college.
 - Role: Principal Investigator
- August 2020 – May 2021 **A Follow Up Study of College Student Food Insecurity. Graduate Student Research Assistant Fellowship Award. Funding for a part time student (10 hours per week)– Southern CT State University**
Connecticut State Universities Research Grant. Funding for Participant Incentives – Southern CT State University
Faculty Creative Activity Research Grant. – Southern CT State University
- A mixed methods study examining factors changing between 2019 and 2020 for students (both graduate and undergraduate) that contribute to food/ nutrition security.
 - Role: Principal Investigator
- May 2020 – May 2021 **Development of a graduate interdisciplinary applied research course. Curriculum Development Grant – Southern CT State University**
- Role: Course Developer
- January 2020– May 2020 **Solutions to College Student Food Insecurity Using Secondary Data. Joan Finn Research Fellowship. (9-credit release for research) – Southern CT State University**
- Analysis of existing data to understand opportunities to identify students who are food insecure.
 - Role: Principal Investigator

- 2019 - 2020 **Development of a predictive model for college student food insecurity. Graduate Student Research Assistant Fellowship Award. Funding for a full-time student (20 hrs per week)- Southern CT State University**
- Collection of data for use when developing a predictive model
 - Role: Principal investigator and research mentor
- January 2019 – August 2020 **Connecticut State Universities Research Grant. Engaging student researchers to enhance college students’ basic needs and improve SCSU’s recruitment, retention academic success efforts. – Southern CT State University**
- A community based participatory research project with student research partners using mixed methods.
 - Role: Co- Principal Investigator
- 2019 **Southern Connecticut State University Social Justice Grant. Otis’ Pantry: A planning and feasibility program for a grocery-pick up program at SCSU to address food insecurity. - Southern CT State University**
- A need and asset-based assessment to understand potential solutions to college student food insecurity.
 - Role: Principal Investigator
- May 2019 – May 2020 **Development of an online course in graduate public health research methods. Curriculum Development Grant- Southern CT State University**
- Development of an online graduate introductory research methods course in public health.
 - Role: Course Developer
- 2019 - 2020 **Correlates of undergraduate food insecurity at Southern Connecticut State University. Faculty Creative Activity Research Grant – Southern CT State University**
- Preparation, development, and dissemination of the 2020 college health survey.
 - Role: Principal Investigator
- January 2019 – June 2019 **A predictive model to address food insecurity among college students. Scholarship reassigned time grant. (3-credit course release)**
- Planning to understand the data needed, collaborators and feasibility to develop a predictive model to identify college student food insecurity.
 - Role: Principal Investigator
- December 2017 – December 2018 **A Mixed Methods Examination of Food Insecurity at Southern CT State University. Faculty Creative Activity Research Grant – Southern CT State University Connecticut State Universities Research Grant – Southern CT State University Graduate Student Research Assistant Fellowship Award. Funding for a full-time student (20 hrs per week)- Southern CT State University**
- Development of a survey and interview of students facing food insecurity.
 - Role: Principal Investigator and research mentor

- January 2017 – June 2018 **Opportunities to Address Food Insecurity among SCSU’s Students. Graduate Student Research Assistant Fellowship Award. Funding for a part-time student (10 hrs per week)– Southern CT State University**
Graduate Student Research Assistant Fellowship Award. Funding for a full-time student (20 hrs per week)– Southern CT State University
- Preparation, development, and dissemination of the 2018 college health survey.
 - Role: Co- Principal Investigator and research mentor
- 2017 – 2018
May - August **Implementation and Evaluation of the SCSU CARE Community Garden. Southern Connecticut State University.**
- Development of a nutrition education program in collaboration with New Haven Farms, and CARE. Implementation and Evaluation of the program. Mentored and oversaw student volunteers and interns.
 - Role: Evaluation and Research Director, research mentor
- May 2016 – May 2017 **Food Systems and Food Justice Minor Course (Nutritional Epidemiology). Curriculum Development Grant– Southern CT State University**
- Development of an undergraduate introductory course in food systems and food justice as part of the food systems and food justice minor.
 - Role: Co- Course Developer
- 2016 - 2019 **Connecticut Food Bank, Hartford, Connecticut**
- Evaluation of community programs including the GROW-UP Food Bank Program and the Summer Meals Program. Regular volunteer at the Summer Meals Blitz.
 - Role: Evaluator
- 2016 - 2019 **New Haven Farms, (Gather New Haven), New Haven, Connecticut**
- Evaluation of the Farm-Based Wellness Program
 - Role: Evaluation and Research Director

Peer-Reviewed Publications

* indicates co-author was a mentored student researcher

1. **Zigmont, VA**, Shoben, A, Harris, R, Clinton, S, Kaye, G, & Olivo-Marston, SE. (Accepted, October 2023) Can trends in biometric data be used to predict interest in enrolling in an employer-sponsored national diabetes prevention program focusing on diet and exercise? *Journal of Epidemiology and Public Health*.
2. *Anziano J, *Neal L, & **Zigmont, VA**. An examination of food insecurity within Connecticut’s state university system. *Journal of Poverty*. 2023. <https://doi.org/10.1080/10875549.2023.2259890>
3. *Anziano J & **Zigmont, VA**. Understanding food insecurity among college athletes at a public university in New England. *Journal of Athletic Training*. 2023. <https://doi.org/10.4085/1062-6050-0660.22>
4. Landry, M, Heying, E, Qamar, Z, Hagedorn-Hatfield, R, Savoie-Roskos, MR, Cuite, CL, **Zigmont, VA**, OoNorasak, K, & Chen, S. Advancing College Food Security: Priority Research Gaps. *Nutrition Research Reviews*. Published online 2023:1-13. <https://doi.org/10.1017/S0954422423000094>
5. *Neal, L & **Zigmont, VA**. Food insecurity, mental health and substance use among college students at a public university in New England. *Nutrition & Health*. 2022;0(0). doi:10.1177/02601060221142669
6. **Zigmont, VA**, *Anziano, J, Schwartz, E, & Gallup, P. Captive Market Pricing and Lack of Transportation: A survey of undergraduate food insecurity at a public university in New England. *American Journal of Health Promotion*. 2022. doi:10.1177/08901171221127006

7. Kreiger, J, **Zigmont, VA**, Borgognone, K, & Michalski, C. Flu vaccinations: College campus not making the grade. A study of influenza vaccination at an urban public university. *American Journal of College Health*. 2023. Nov;71(8):2501-2509. doi:10.1080/07448481.2021.1976192 Epub 2021 Oct 20.
8. *Trnka, B, *Polan, M, & **Zigmont, VA**. Exposure to Di-2-ethylhexyl phthalate (DEHP) and Infertility in Women, NHANES 2013-2016. *Reproductive Toxicology*. 2021. Aug;103:46-50. doi:10.1016/j.reprotox.2021.05.010 Epub 2021 May 28.
9. **Zigmont, VA**, Tomczak SM, Bromage B, *Vignola, A & Gallup, PA. Helps my family survive hard times: An innovative summertime food relief program in New Haven, Connecticut. *Journal of Poverty*. 2022. 26:2, 162-179, doi:10.1080/10875549.2021.1890671
10. Ruane, JJ, Ross, A, **Zigmont, VA**, McClure, D & Gascon, G. A Single-Blinded Randomized Controlled Trial of Mesenchymal Stem Cell Therapy for the Treatment of Osteoarthritis of the Knee with Active Control. *Journal of Stem Cells and Regenerative Medicine*. 2021 Jan; 17(1): 3-17. doi:10.46582/jsrm.1701002
11. Oldach, BR, Irwin, K, Pershing, M, **Zigmont, VA**, Gascon, GG, & Skully, R. Pre-Operative Transthoracic Echocardiography Protocol to Reduce Time to Hip Fracture Surgery. *Journal of Clinical Outcomes Management*. 2021. Jan;28(1):27-34 doi:10.12788/jcom.0034
12. **Zigmont, VA**, *Linsmeier AM & Gallup, PA. Food Insecurity and Associated Health and Academic Measures Among College Students in Connecticut. *American Journal of Health Studies*. 2020 Vol 35, Issue 4, p286 <https://doi.org/10.47779/ajhs.2020.254>
13. Evans, MA, & **Zigmont, VA**. (2020) Trends in Weight among Undergraduate Students in a Northeast Public University. *Journal of Public Health Issues and Practices*. 4(2): 171. <https://doi.org/10.33790/jphip1100171>
14. Rupp, K, Schnoll, R, & **Zigmont, VA**. Differences in Health Behaviors Related to Overweight/ Obesity by Race/Ethnicity in a Diverse Urban Commuter College. *American Journal of College Health*. 2022 Aug-Sep;70(6):1696-1703. doi: 10.1080/07448481.2020.1818757. Epub 2020 Sep 14.
15. **Zigmont, VA**, *Linsmeier AM & Gallup, PA. Understanding the why of college student food insecurity. *Journal of Hunger and Environmental Nutrition*. 2019. 16:5, 595-610, <https://doi.org/10.1080/19320248.2019.1701600>
16. **Zigmont, VA**, Shoben, A, Lu, B, Harris, R, Clinton, S, Kaye, G, & Olivo-Marston, SE. Statin users have an elevated risk of dysglycemia and new-onset-diabetes. *Diabetes Metabolism Research and Reviews*. 2019 Nov;35(8):e3189. doi: 10.1002/dmrr.3189. Epub 2019 Jul 7.
17. Risisky, D, Chan, R, **Zigmont, VA**, Asghar, M, & DeGennaro, M. Examining Delivery Method and Infant Feeding Intentions between Women in Traditional and Non-Traditional Prenatal Care. *Maternal Child Health Journal*. 2018 Feb;22(2):274-282. doi: 10.1007/s10995-017-2400-2.
18. **Zigmont, VA**, Shoben, A, Harris, R, Clinton S, Snow, R, Kaye, G, & Olivo-Marston, SE. An evaluation of reach for a worksite diabetes prevention program focusing on diet and exercise. *Am J Health Promotion*. 2018 Jul;32(6):1417-1424. doi: 10.1177/0890117117733348. Epub 2017 Oct 8.
19. Schwartzbaum, S, Edlinger, M, **Zigmont, VA**, Rempala, GA, Hammar, N, Walldius, G, Malmstrom, H, & Feychting, M. Associations between prediagnostic serum glucose levels, diabetes and glioma. *Scientific Reports*. 2017. 7, 1436. <https://doi.org/10.1038/s41598-017-01553-2>
20. Creary SE, Chisolm, DJ, Koch, TL, **Zigmont, VA**, Lu B, & O'Brien SH. Hydroxyurea use in children with sickle cell disease: Do severely affected patients use it and does it impact hospitalization outcomes? *Pediatric Blood Cancer*. 2016 May;63(5):844-7. doi: 10.1002/pbc.25894. Epub 2016 Jan 21.
21. **Zigmont, VA**, Garrett, A, Peng J, Seweryn, M., Rempala, G, Harris, R, Holloman, C, Karavodin, L, Gundersen, T, Ahlbom, A, Feychting, M, Johannesen, T, Grimsrud, T, & Schwartzbaum, J. Association between prediagnostic serum 25- hydroxyvitamin D concentration and glioma risk among older men. *Nutrition and Cancer*, 2015. 67, 7, 1120-30. DOI:10.1080/01635581.2015.1073757

22. **Zigmont, VA**, & Bulmer, SM. The impact of caloric knowledge on college student's fast food purchasing intentions. *The American Journal of Health Education*, 2015. 46, 2, 70-78.
DOI:10.1080/19325037.2014.999965
23. Duplantier, AJ, Becker, SL, Bohanon, MJ, Borzilleri, KA, Chrnyk, BA, Downs, JT, Hu, LH, El-Kattan, A, James, LC, Liu, S, Lu, J, Maklad, N, Mansour, MN, Mente, S, Piotrowski, MA, Sakya, SM, Sheehan, S, Steyn, SJ, Strick, CA, **Williams, VA** & Zhang, L. Discovery, SAR, and Pharmacokinetics of a novel 3-hydroxyquinolin-2(1H)-one series of potent d-Amino Acid Oxidase (DAAO) inhibitors. *Journal of Medicinal Chemistry*, 52, 3576-3585. DOI:10.1021/jm900128w
24. Bowman, MD, Holcomb, JL, Kormos, CM, Leadbeater, NE, & **Williams, VA**. Approaches for scale-up of microwave-promoted reactions. *Organic Process Reviews and Development*, 2008. 12, 41-57.
<https://doi.org/10.1021/op700187w>
25. Leadbeater, NE, **Williams, VA**, Barnard, TM, & Collins, MJ. Solvent-free, open-vessel microwave-promoted Heck couplings: From the mmol to the mole scale. *Synlett*, 2007. 18, 2953-2958.
26. Leadbeater, NE, **Williams, VA**, Barnard, TM, & Collins, MJ. Open-vessel microwave- promoted Suzuki Reactions using low levels of palladium catalyst: Optimization and scale-up. *Organic Process Reviews and Development*, 2006. 10, 833-837. <https://doi.org/10.1021/op0600613>
27. Arvela, RK, Leadbeater, NE, Sangi, MS, **Williams, VA**, Grandos, P, & Singer, RD. A Reassessment of the transition-metal free Suzuki-type coupling methodology. *Journal of Organic Chemistry*, 2005. Jan 7;70(1):161-8. doi: 10.1021/jo048531j
28. Leadbeater, NE, Pillsbury, SJ, Shanahan, E, & **Williams, VA**. An assessment of the technique of simultaneous cooling in conjunction with microwave heating for organic synthesis. *Tetrahedron*, 2005. 61(14) 3565-3585. <https://doi.org/10.1016/j.tet.2005.01.105>

Manuscripts Under Review

1. Landry, M, Hagedorn-Hatfield, R & **Zigmont, VA**. (Under Review) Barriers to College Student Food Access: A Scoping Review Examining Policies, Systems, and the Environment.
2. *Neal, L, *Anziano, J & **Zigmont, VA**. (Under Review) Addressing College Student Food Insecurity: Grocery Pickup Program Needs Assessment.
3. Gray, V, Cuite, CL, Patton-Lopez, M, Richards, R, Savoie-Roskos, MR, Machado, S, Heying, E, Landry, M, Chen, S, Hagedorn-Hatfield, R, Mann, G, Qamar, Z, OoNorasak, K, **Zigmont, VA**. (Under Review) Food Insecurity Knowledge and Training in Interdisciplinary Health Professions Education.
4. *Gautreaux, J, *Neal, L, Forster, K, Newby, A, & **Zigmont, VA**. (Under Review) Addressing college food insecurity through innovative campus collaborations.

Books Authored

1. The ABC's of Public Health (12/2021). Paperback and Electronic Versions (Amazon & Kindle)
2. The ABC's of Epidemiology (9/7/2022). Paperback and Electronic Versions (Amazon & Kindle)

Peer Reviewed Conference Presentations

* indicates mentored student researcher

1. *Gautreaux, J, and **Zigmont, VA**. Using a representative campus-wide health survey to obtain reliable food insecurity estimates among students at a large public university in the south. (Accepted Oral Presentation). American Public Health Association, Atlanta, GA: November 2024.
2. Cuite, C, Hagedorn-Hatfield, B, **Zigmont, VA**, Chen, S, & Gray, VB. Beyond the Classroom: Student Experiences and Confidence in Addressing Food Insecurity. (Accepted Oral Presentation). Society for

Nutrition, Education and Behavior, Washington, DC: July 2023.

3. Richards, R, Qamar, Z, Hagedorn-Hatfield, B, Gray, VB, **Zigmont, VA**, Savoie-Roskos, MR, & Heying, E. Engaging the Next Generation in Professional Organizations: Where are We? (Accepted Poster Presentation). Society of Nutrition, Education and Behavior, Washington, DC: July 2023.
4. Gascon, G, Cherukupally, S, Vassileva, E & **Zigmont, VA**. Reduction in Time Spent in Computer Based Physician Order Entry Following Introduction of a Machine Learning Algorithm. (Accepted Poster Presentation). XGM Epic Systems, Verona, WI: May 2023.
5. *Gautreaux, J, *Truong, T, *Neal, L, *Loomes, H, & **Zigmont, VA**. Peanut Butter and Jelly Program. (Accepted Poster Presentation). Mississippi Public Health Association Annual Conference, Flowood, MS: March 31, 2023.
6. *Loomes, H, *Johnson, H, & **Zigmont, VA**. Understanding Public Health Jobs in Mississippi. (Accepted Poster Presentation). Mississippi Public Health Association Annual Conference, Flowood, MS: March 31, 2023. ^Student poster award winners
7. **Zigmont, VA**, Mann, G, & Cafer A. Grassroot Garden Initiatives: A pilot program to create future researchers. Poster presentation to be presented at the 2023 Mississippi Public Health Association Annual Conference, Flowood, MS: March 30, 2023.
8. *Selby, B., Mann, G., **Zigmont, VA**. Qualitative Study of Food Behaviors in University of Mississippi students as they relate to Nutrition Security. (Accepted Poster Presentation). Mississippi Academy of Nutrition and Dietetics Annual Conference, Oxford, MS: March 27, 2013.
9. Mann, G, **Zigmont, VA**, Cafer, A. Grassroots Garden Initiatives: Growing Undergraduate Research Interests. (Accepted Poster Presentation). Conference on Higher Education Pedagogy. Blacksburg, VA. February 16, 2023.
10. **Zigmont, VA**, *Gautreaux, J, *Truong, T, King, J, Newby, A, & Forster, K. Creative Campus Collaborations: Student Veteran's Association and Grove Grocery Student Organization. (Accepted Oral Presentation). American Public Health Association, Boston MA: November 2022.
11. *Armstrong K, Ford MA, Wade, C, & **Zigmont, VA**. The Task Specificity of Obstacle Negotiation in Individuals with Low Bone Mineral Density. (Accepted Poster Presentation). American Public Health Association, Boston, MA: November 2022.
12. Gascon, G, Braun, E, **Zigmont, VA**, Tracy, A, Murray, M, Tyler, S, Kaufman, J, Risteff, S, Vassileva, E, Waller, B, & Kramer, JM. A workflow time study to estimate savings from the implementation of a machine learning algorithm to automate fall risk assessment. (Accepted Oral Presentation). American Statistical Association, Joint Statistical Meetings, August 2022.
13. Kramer, MJ, Gascon, G & **Zigmont, VA**. Implementing predictive models. (Accepted Oral Presentation). XGM Epic Meeting, Verona, WI: May 5, 2022.
14. **Zigmont, VA**. Falling through the cracks: College student food insecurity at SCSU. Southern Connecticut State University Research Tapas, New Haven, CT: March 22, 2021.
15. **Zigmont, VA**. Updates on college student food insecurity. Southern Connecticut State University Research Tapas, New Haven, CT, Virtual: Nov. 23, 2020.
16. *Conway, R, *DeLeon B, *Dolberry, M, *Granado, A, *Mah, M, *Manning, A, *McNivens, E, *Murray, A, *Schaffer, R, Schwartz, E. & **Zigmont, VA**. A community based participatory research (CBPR) approach to addressing basic needs in higher education. (Accepted Poster Presentation). Connecticut Public Health Association, Virtual: Nov. 3, 2020.
17. *Trnka, B, *Polan, M, & **Zigmont, VA**. Cross-sectional analysis of exposure to di-2-ethylhexyl phthalate (DEHP) and Infertility among adult women in the National Health and Nutrition Examination Survey (NHANES), 2005-2016. (Accepted Poster Presentation). Connecticut Public Health Association, Virtual:

Nov. 3, 2020.

18. **Zigmont, VA**, Schwartz, E, *Conway, R, *DeLeon B, *Dolberry, M, *Granado, A, *Mah, M, *Manning, A, *McNivens, E, *Schaffer, R, *Van Komen, N, & Vancour M. Completing College in a Crisis: A CBPR Investigation of University Students' Basic Needs in a Time of Pandemic. (Accepted Oral Presentation). APHA Meeting, Virtual: Oct. 27, 2020.
19. **Zigmont, VA**. Taking the pulse of college student health: The 2020 SCSU Health Surveys. Southern Connecticut State University Research Tapas: New Haven, CT: March 9, 2020.
20. **Zigmont, VA**, *DeLeon B, *Granado, A, *Conway, R, *Mah, M, *Manning, A, *McNivens, E, *Murray, A, *Schaffer, R, *Van Komen, N, Schwartz, E, & Vancour M. Addressing Major Needs in Higher Education Through Community Based Participatory Research. (Accepted Poster Presentation). SOPHE (Virtual) Meeting: Atlanta, GA: March 2020.
21. **Zigmont, VA**. An update on undergraduate student food insecurity. Southern Connecticut State University Tapas: New Haven, CT: Nov. 25, 2019.
22. **Zigmont, VA**, *Myatt, P, & Vancour M. Homeless & Hungry in College: An Exploration of Housing and Food Insecurity Among Students at a Mid-Size, Public University in New England. (Accepted Poster Presentation). APHA Meeting: Philadelphia, PA: Nov 3, 2019.
23. **Zigmont, VA**. Implementing & Troubleshooting Solutions to Campus Food Insecurity: Experiences Developing Food Insecurity Programming at a Public University in New England. (Accepted Oral Presentation). APHA Meeting: Philadelphia, PA: Nov. 4, 2019.
24. **Zigmont, VA**, *Banik, S, *Myatt, P, & Gallup, P. Impact of the Affordable Care Act on College and University Health Insurance Policies. (Accepted Poster Presentation). APHA Meeting: Philadelphia, PA: Nov. 5, 2019.
25. **Zigmont, VA** & Gallup, PA. Hunger on Campus: An Exploration of Food Insecurity Among Students at a Mid-Size, Public University in New England. (Accepted Oral Presentation). CSU Conference: New Haven, CT: May 4, 2019.
26. **Zigmont, VA** & Gallup, PA. Hunger on Campus: An Exploration of Food Insecurity Among Students at a Mid-Size, Public University in New England. (Accepted Poster Presentation). SOPHE Meeting: Salt Lake City, UT: March 28, 2019.
27. **Zigmont, VA** & Gallup, PA. Food Insecurity Among Undergraduate College Students, (Accepted Oral Presentation) SCSU Research TAPAs, New Haven, CT: Nov. 19, 2018.
28. **Zigmont, VA**, Shoben, A, Harris, R, Clinton S, Kaye, G, & Olivo-Marston, SE. Antidepressants are not associated with new onset type 2 diabetes mellitus for patients with indications for antidepressant use. (Accepted Poster Presentation) APHA Annual Meeting, San Diego, CA: Nov. 12, 2018.
29. **Zigmont, VA**, *Putzer, A, & Gallup, P.A. "I'm used to being hungry": A mixed-methods exploration of food insecurity among students at a mid-size, public university in New England. (Accepted Poster Presentation) APHA Annual Meeting, San Diego, CA: Nov. 11, 2018
30. **Zigmont, VA**, *Putzer, A, & Gallup, P.A. College Students are not Immune to Food Insecurity: An Exploration of Food Insecurity Among Students at a Mid-Size, Public University in New England. (Accepted Roundtable Presentation). SOPHE Annual Meeting: Columbus, OH: April 6th, 2018.
31. **Zigmont, VA**, & Kaye, G. Improved Vending Options and Increased Snacking at a Large University in the Midwest. (Accepted Poster Presentation). SOPHE Annual Meeting: Columbus, OH: April 6th, 2018.
32. **Zigmont, VA**, Taylor, S, Huminski, S, & Santilli, A. Growing food, knowledge, and partnership: Opening a university garden to the community for health promotion and experiential learning. (Accepted Poster Presentation). SOPHE Annual Meeting: Columbus, OH: April 5th, 2018.
33. **Zigmont, VA**, Rosenthal, E, & Bulmer, SM. Southern Connecticut State University College Health Data,

- (Accepted Oral Presentation) HHS Capstone Topic Tapas Event, New Haven, CT: March 6, 2018.
34. **Zigmont, VA**, Bromage, B, *Rynecki, K, Tomczak, SM, *Putzer, A, Beaudreau, B, Huminski, S, Santilli, A, McDougall, J, & Gallup, PA. Social Justice in Action: Academic and community service projects focused on food security and ending hunger in New Haven. (Accepted Panel Presentation). 5th Annual Yale Food Systems Symposium: New Haven, CT: Feb. 24th, 2018.
 35. **Zigmont, VA** & Gallup, PA. Students at SCSU are not immune to Food Insecurity, (Accepted Oral Presentation) SCSU Research TAPAs, New Haven, CT: Nov. 20, 2017.
 36. *Erlwein, A & **Zigmont, VA**. Geospatial analysis and qualitative inquiry of biking at a medium sized public university in the northeast, (Accepted Poster Presentation) APHA Annual Meeting, Atlanta, GA: Nov. 6, 2017.
 37. **Zigmont, VA**, Gallup, PA, *Vignola, A & Tomczak, SM. Helps my family survive hard times: The necessity of a summer meals program in New Haven, Connecticut, (Accepted Roundtable Presentation) APHA Annual Meeting, Atlanta, GA: Nov. 7, 2017.
 38. **Zigmont, VA**, Gallup, PA, *Rynecki, K, Tomczak, SM & Bernard, S. Researching and Teaching Food Insecurity, (Accepted Oral Presentation) CPHA Annual Meeting, Southington, CT: Oct. 30, 2017.
 39. *Mitchell, M, *Putzer, A, Audette, K, Santilli, A & **Zigmont, VA**. The SCSU-CARE Community Garden: A Pilot Community Based Participatory Research and Nutrition Education Program, (Accepted Oral Presentation) CPHA Annual Meeting, Southington, CT: Oct. 30, 2017.
 40. **Zigmont, VA**, Gallup, PA & Tomczak, SM. Food Insecurity Among Undergraduate Students at SCSU and Opportunities for Future Programming on Campus, (Accepted Poster Presentation) Connecticut State Universities Faculty Research Conference, Central CT State University, New Britain, CT: March 25, 2017.
 41. Lamberti, MP & **Zigmont, VA**. Sleep Quality among Working Undergraduate Students at a Northeastern Public University, (Accepted Poster Presentation) Connecticut State Universities Faculty Research Conference, Central Connecticut State University, New Britain, CT: March 25, 2017.
 42. Evans, M, **Zigmont, VA** & Bulmer, SM. Trends in Obesity and Overweight Among Undergraduate Students at a Northeastern Public University, (Accepted Oral Presentation) SCSU Research TAPAs, New Haven, CT: Nov. 21, 2016.
 43. Lamberti, MP & **Zigmont, VA**. Sleep Quality Among Undergraduate Students at a Northeastern Public University, (Accepted Oral Presentation) SCSU Research TAPAs, New Haven, CT: Nov. 21, 2016.
 44. **Zigmont, VA**, Gallup, PA & Tomczak, SM. Food Insecurity Among Undergraduate Students at Southern Connecticut State University & Opportunities for Future Programming on Campus, (Accepted Poster Presentation) CPHA, New Haven, CT: Nov. 10, 2016.
 45. Evans, M, **Zigmont, VA** & Bulmer, SM. Trends in Obesity and Overweight Among Undergraduate Students at a Northeastern Public University, (Accepted Poster Presentation) CPHA, New Haven, CT: Nov 10, 2016.
 46. *Grandelski, V, *Farinella, M, & **Zigmont, VA**. Condom use is not related to sexually transmitted infection diagnosis among adults in the United States: Recommendations for improved condom use measurement, (Accepted Poster Presentation) CPHA, New Haven, CT: November 10, 2016.
 47. **Zigmont, VA**, Klapheke, AM, Caruso, M, Brown, M, Baumker, E, Kruger, A & Kaye, G. A mixed methods examination to describe snack vending consumers and their interest in healthy food choices at a large public university in the Midwest, (Accepted Poster Presentation) APHA Annual Meeting: Denver, CO: Oct. 30, 2016.
 48. **Zigmont, VA**, Snow, E, Davis, T, May, S, Kraft, D, Beckel, J & Snow, R. A Worksite Implementation of the National Diabetes Prevention Program: An evidence-based approach to patient engagement, (Accepted Oral Presentation) SOPHE Annual Meeting: Charlotte, NC: Mar. 31, 2016.
 49. **Zigmont, VA**, Shoben, A, Harris, R, Clinton S, Snow, R, Kaye, G & Olivo-Marston, SE. An Evaluation of Reach for a Worksite Implementation of the Diabetes Prevention Program. (Accepted Poster

Presentation) SOPHE Annual Meeting: Charlotte, NC: Mar. 30, 2016.

50. Creary SE, Chisolm DJ, Koch TL, **Zigmont VA**, Lu B & O'Brien SH. Hydroxyurea use in children with sickle cell disease: Do severely affected patients use it and does it impact hospitalization outcomes? (Accepted Poster Presentation) American Society of Hematology: Orlando, FL: Dec. 7, 2015.
51. **Zigmont, VA**, May, S, Creighton, A, Davis, T, Vogel, K & Snow, R. An opportunity to bring the Diabetes Prevention Program to the primary care setting. (Accepted Poster Presentation) Ohio Patient Centered Primary Care Collaborative Fall Conference: Columbus, OH: Oct. 30, 2015.
52. Harrold, B, Vogel, K, **Zigmont, VA**, Vanderhoff, BT, & Snow, RJ. Common attributes of patients with advanced chronic disease who would benefit from palliative and hospice care, (Accepted Poster Presentation) European Association for Palliative Care: Copenhagen, Denmark: May 8-10, 2015.
53. Harrold, B, Vogel, K, **Zigmont, VA**, Vanderhoff, BT & Snow, RJ. A successful COPD population program fails to affect 30-day readmission rates, (Accepted Poster Presentation) American Thoracic Society: Denver, CO: May 15-20, 2015.
54. **Zigmont VA**, Ryan BM, Jen J, Robles AI, McClary C, Calhoun K, Bowman ED, Vähäkangas K, Greathouse KL, Yi W, Wenzlaff AS, Deng B, Yang P, Schwartz AG, Harris, CC & Olivo-Marston, SE. Childhood exposure to secondhand smoke, nicotine dependence, and DRD1 are associated with lung cancer risk. (Accepted Poster Presentation) 105th Annual AACR Meeting: San Diego, CA: April 7, 2014.
55. **Zigmont, VA**, Kaye, G, & Olivo-Marston, S.E. Do patterns of sugar sweetened beverage consumption among children and adolescents ages 2-18 differ by weight status? An analysis using the National Health and Nutrition Examination Survey (NHANES) 2011-2012, (Accepted Poster Presentation) 11th Annual Russell Klein Nutrition Research Symposium: Columbus, OH: March 21, 2014.
56. **Zigmont, VA**, Weier, RC, Baltic, RB, Kennedy, S, Lengerich, G, Roberto, JK, Schoenberg, N, Lesko S, Dignan, M & Paskett, ED. Church-based recruitment of Appalachian adults into an eHealth program to reduce obesity, (Accepted Poster Presentation) OSU Comprehensive Cancer Center James Annual Meeting: Columbus, OH: April 26, 2013.
57. **Zigmont, VA**. The impact of nutritional knowledge on food choices, (Accepted Poster Presentation) SOPHE Annual Meeting: San Francisco, CA: Oct. 26, 2012.
58. Dignan, M, Weier, R, **Zigmont, VA**, Lesko, SM, Kennedy, M & Paskett, E. ACCN II, (Accepted Poster Presentation) Community Networks Program Center (CNPC) Meeting: Bethesda, MA: July 30-31, 2012.
59. **Williams, VA**, Longo, K, Walker, C, Ellis, M, Lagadic, IL, Miller, TA & Peczuh, MW. University of Connecticut SAACS Chapter Activities, (Accepted Poster Presentation) 234th Annual ACS National Meeting: Boston, MA: Aug. 21-23, 2007.
60. **Williams, VA**, Bowman, MD & Leadbeater, NE. Scaling up Microwave-promoted Organic Transformations, (Accepted Poster Presentation) ACS National Meeting: Boston, MA: Aug. 21-23, 2007.
61. **Williams, VA**, Longo, K., Walker, C., Ellis, M., Lagadic, I.L., Miller, T.A. & Peczuh, M.W. Activities of the SAACS chapter at UCONN, (Accepted Poster Presentation) ACS National Meeting: San Francisco, CA: Sept. 8-12, 2006.
62. **Williams, VA** & Leadbeater, NE. Microwave-promoted ultra-low catalyst loading Suzuki couplings in water in open vessels on the mole scale, (Accepted Poster Presentation) ACS National Meeting: San Francisco, CA: Sept. 8-12, 2006.
63. **Williams, VA** & Leadbeater, NE. Open-vessel microwave-promoted Suzuki reactions: Optimization and scale-up, (Accepted Poster Presentation) 4th Annual International Microwave Chemistry Meeting: Orlando, FL: Mar. 8 -11, 2006.

Invited Presentations

64. **Zigmont, VA**. Jobs after graduation, Panel Presentation. Graduate and Creative Activity Conference.

University of Mississippi, Oxford, MS. March 9, 2023.

65. **Zigmont, VA.** CICCE: Are You Ready? Dialogue: Food Insecurity & Vulnerable Populations. University of Mississippi, Oxford, MS. Cancelled: March 30, 2022; Rescheduled: November 14, 2022.
66. **Zigmont VA.** Epidemiology Careers and Job Opportunities: Today's Outlook. Mississippi Public Health Association, Epidemiology Section. Jackson, MS. September 7, 2022.
67. **Zigmont, VA.** I'm used to being Hungry – Studies of College Student Food Insecurity. School of Applied Sciences Analytics Laboratory. University of Mississippi, Oxford, MS. November 10, 2021.
68. **Zigmont, VA.** Food Insecurity Among College Students. Health & Kinesiology Doctoral Seminar. University of Mississippi, Oxford, MS. August 31, 2021.
69. **Zigmont, VA.** College Student Food Insecurity. (Invited Presentation). UCONN Rudd Center for Food Policy and Obesity. Virtual Presentation: Sept. 30, 2020.
70. **Zigmont, VA.** HHS Scholarship Reassigned Time Presentation: Updates on 3 research projects (Spring 2019): SCSU, New Haven, CT: Sept. 17, 2019.
71. **Zigmont, VA & Gallup, PA.** Food Insecurity and Food Justice. (Invited Presentation). Common Ground High School: New Haven, CT: May 30, 2019.
72. **Zigmont, VA.** Lived Experience and Knowledge Equity. (Invited Panel Presentation). 6th Annual Yale Food Systems Symposium: New Haven, CT: Feb. 16, 2019.
73. **Zigmont, VA.** HHS Scholarship Reassigned Time Presentation: Updates on food insecurity research at SCSU (Spring 2018) SCSU, New Haven, CT: Oct. 30, 2018.
74. **Zigmont, VA.** The Impact of Nutritional Information on Food Choices, (Oral Presentation) Graduate Research Fellowship Presentation: SCSU, New Haven, CT: May 1, 2012.
75. Barrows, S, **Zigmont, VA,** & Bulmer, SM. Research Findings from the CORE Drug and Alcohol Survey for Faculty and Staff, Southern CT State University Alcohol Symposium: New Haven, CT: Oct. 7, 2011.

Technical Reports

* Denotes mentored student author

1. **Zigmont, VA & *Anziano J.** (2019). A needs assessment for a grocery pick-up program for college students at SCSU.
2. **Zigmont, VA,** Duffany, K & Santilli, A. (2018). An Evaluation of the New Haven Farms Farm Based Wellness Program. Unpublished data. Southern Connecticut State University, CT
3. **Zigmont, VA.** (2018). Results of a one year randomized controlled trial of regenerative cell therapy for osteoarthritis of the knee.
4. **Zigmont, VA,** *Putzer, A & Gallup, P. (2017). A Price Comparison of Food at North Market and Grocery Stores Campus.
5. **Zigmont, VA & *Ankrah, J.** (2017). New Haven Farms' Farm-Based-Wellness Program Evaluation. Unpublished data. Southern Connecticut State University, CT
6. Santilli, A, O'Connor Duffany K, Abraham, M, Bromage, B, Bryniarski, A, Carroll, G, Gallup, P, Johannes, J, Markham, M, McDougall, J, & **Zigmont, VA.** (2017). The State of Hunger in New Haven: A Report on Food Insecurity and Recommendations for Action.
7. **Zigmont, VA,** Gallup, P, *Vignola, A & Tomczak, SM. (2017). Food Insecurity in New Haven: An Evaluation of the Mobile Food Pantry and Summer Meals Program: Report to the CT Food Bank.

Federal and Non-Federal Grant Reviews

2023

Panel Reviewer, USDA NIFA Gus Schumacher Nutrition Incentive Program (GusNIP)
Produce Prescription Program (PPR)

2017 - 2018 **Reviewer**, Yale-Griffin Prevention Research Center, VITAHLS School Health Mini Grant

Committees, Advisory Boards and Administrative Service

International

2023 – Present **Chair- Elect**, American Public Health Association (APHA), Food and Nutrition Section
2017 – present **Reviewer**, National Meeting Abstracts, APHA, Food and Nutrition Section
2018 – present **Member**, National Meeting Planning Committee, APHA, Food and Nutrition Section
2023 **Moderator**, (5087.0 Challenges with Food Production, Security, and Health Outcomes) 2023 Annual Meeting, Atlanta, GA
2023 **Moderator**, (4032.0 Nutritional Disparities and Food Insecurity across Major States and Communities in America) 2023 Annual Meeting, Atlanta, GA
2022 **Moderator**, (COVID-19 Effects FI in a variety of populations) 2022 Annual Meeting, Boston, MA
2021 **Moderator**, (College Student Food Insecurity) 2021 Annual Meeting, Virtual Format
2020 **Moderator**, (College Student Basic Needs Insecurity) 2020 Annual Meeting, Virtual Format (11/2020)
2019 **Moderator**, (Food as Medicine) 2019 Annual Meeting, Philadelphia, PA (11/2019)
2018 – 2019 **Member**, Planning Subcommittee for Food as Medicine Session, APHA, Food and Nutrition Section
2018 **Reviewer**, Late-Breaking National Meeting Abstracts, APHA, (Epidemiology Section)
2017 – 2018 **Moderator**, National Meeting, (Atlanta, GA 2017; San Diego, CA 2018)
2021 – present **Member**, Food Insecurity in Higher Education Work Group, Society of Nutrition, Education and Behavior
2021 – 2023 **Delegate**, Mississippi Public Health Association, Epidemiology Section
2022 **Member**, Planning Committee for World Field Epidemiology Day Workshop, Mississippi Public Health Association, Epidemiology Section. (September 7, 2022)
2022 – 2023 **Member**, Healthy Eating Research Early-Stage Investigator Work Group
2023 – 2021 **Reviewer**, National Meeting Abstracts, Society for Public Health Education (SOPHE)
2019- 2020 **Member**, Annual Meeting Planning Committee, 2020 Conference, SOPHE
2015- 2016 **Member**, SOPHE History Work Group, SOPHE
2013- 2014 **Member**, SOPHE Awards Committee, SOPHE

University

2021 – 2023 **Member**, Public Health Curriculum Committee, Public Health Program, University of Mississippi
2021 – 2023 **Member**, Public Health Program Accreditation (Council for Education on Public Health), Public Health Program, University of Mississippi
2021 – 2013 **Member**, Graduate Faculty, University of Mississippi
2022 – 2023 **Co- Advisor**, Student Public Health Association, University of Mississippi
2023 **Member**, Instructional Assistant Professor Search for Community Health, Public Health Program, University of Mississippi
2022 **Member**, Graduate Teaching Assistant Mentorship Committee, Department of Health, Exercise Science and Recreation Management (HESRM), University of Mississippi
2022 **Chair**, Search for two academic advisors for HESRM, University of Mississippi
2021 – 2023 Program Coordinator, Public Health Program, University of Mississippi
2021 – 2022 **Member**, Tenure track Faculty Search for Biostatistics (Public Health& Institute of Child Nutrition), University of Mississippi
2023 **Judge**, 13th Annual GSC Research & Creative Achievement Symposium, University of Mississippi
2022 – 2023 **Member**, University of Mississippi Green Fund, University of Mississippi
2021 – 2023 **Member**, Campus Advisory Committee for Grove Garden, University of Mississippi
2022 – 2023 **Member**, Graduate Minor in Applied Statistics Committee, University of Mississippi

2022 – 2023 **Member**, Pathways to Equity Analysis of Student Success and High Impact Practices, University of Mississippi

2022 **Poster Judge**, 12th Annual GSC Research & Creative Achievement Symposium (March 8, 2022), University of Mississippi

2021 – 2022 **Member**, School of Applied Sciences Analytics Lab, University of Mississippi

2021 – 2022 **Member**, School of Applied Sciences Analytics Lab Programs Committee, University of Mississippi

2016 – 2021 **Assessment Coordinator**, CEPH, Department of Public Health, Southern Connecticut State University, New Haven, CT

2018 – 2021 **Member**, Research Scholarship Advisory Committee, (RSAC), Southern Connecticut State University, New Haven, CT

2020 – 2021 **Member**, SCSU Research Waiver Committee, Southern Connecticut State University, New Haven, CT

2019 – 2021 **Member**, University Food Pantry Planning Committee, Southern Connecticut State University, New Haven, CT

2018 – 2021 **Member**, Supporting Student’s Basic Needs Committee, Southern Connecticut State University, New Haven, CT

2017 – 2021 **Member**, University Sustainability Committee, Southern Connecticut State University, New Haven, CT

2016 – 2021 **Principal Investigator**, College Health Survey (collaboration with the Wellness Center), Southern Connecticut State University, New Haven, CT

2016 – 2021 **Member**, Interdisciplinary Food Systems & Food Justice Minor Development Committee, Southern Connecticut State University, New Haven, CT

2016 – 2021 **Member**, Food Affinity Group, Southern Connecticut State University, New Haven, CT

2016 – 2021 **Member**, Graduate Faculty, Southern Connecticut State University, New Haven, CT

2020 **Organizer**, Graduate Student Research & Creative Activity Conference Planning Committee, Southern Connecticut State University, New Haven, CT

2019 **Member**, Health Informatics. Cluster Hire Application. (4 new TT faculty lines, 1 in public health), Southern Connecticut State University, New Haven, CT

2019 **Member**, Food Systems, Food Justice & Sustainability. SCSU Cluster Hire Application. (Unfunded), Southern Connecticut State University, New Haven, CT

2019 **Member**, Planning Committee for the CT State Universities Conference (May 5, 2019), Southern Connecticut State University, New Haven, CT

2018 **Moderator**, Undergraduate Research & Creative Activity Conference (April 4, 2018), Southern Connecticut State University, New Haven, CT

2017 – 2019 **Organizer**, Grad Student Research & Creative Activity Conference Planning Committee, Southern Connecticut State University, New Haven, CT

2019 **Organizer**, Reschedule Graduate Research and Creative Activity Conference, Southern Connecticut State University, New Haven, CT

2017 **Organizer**, GSGA & GRF Meet and Greet (December 6, 2017), Southern Connecticut State University, New Haven, CT

2016 – 2017 **Member**, University Biking Committee, Southern Connecticut State University, New Haven, CT

2017, 2018 **Member**, Dr. Dorothy R. & Dr. Morris A. Granoff Scholarship Committee (April), Southern Connecticut State University, New Haven, CT

2018 – 2021 **Co-Chair**, College Student Health Survey Writing Group, Southern Connecticut State University, New Haven, CT

2020 – 2021 **Member**, Department of Health and Movement Sciences Personnel Committee: Healthcare Studies/ Informatics Search, Southern Connecticut State University, New Haven, CT

2017 – 2019 **Organizer**, Annual School of Health and Human Services Graduate Student Research Tapas (March 6, 2018 & April 18, 2019), Southern Connecticut State University, New Haven, CT

2017 – 2019 **Organizer**, School of Health and Human Services Graduate Student Capstone Celebration (December 12, 2017 & January 22, 2019), Southern Connecticut State University, New Haven, CT

2017 – 2018 **Member**, School of Health and Human Services Strategic Planning Committee, Southern Connecticut State University, New Haven, CT

2017 – 2018 **Organizer**, School of Health and Human Services Grad Research and Creative Activity Conference Sub -Committee, Southern Connecticut State University, New Haven, CT

2016 – 2019 **Member**, Communications & Marketing Committees, Southern Connecticut State University, New Haven, CT

2016 – 2017 **Organizer**, School of Health and Human Services Interdepartmental Writing Group, Southern Connecticut State University, New Haven, CT

2016 – 2016 **Member**, HHS Barbeque Committee, Southern Connecticut State University, New Haven, CT

2016 – 2017 **Member**, HHS #Active Joe Initiative, Southern Connecticut State University, New Haven, CT

2106 – 2017 **Co-Organizer**, HHS First Saturday Workshop, Southern Connecticut State University, New Haven, CT

2016 **Co-Organizer**, HHS Research Symposium, Southern Connecticut State University, New Haven, CT

2020 – 2021 **Representative**, Health & Human Services Scholarship Reassigned Time Committee, Southern Connecticut State University, New Haven, CT

2017 – 2021 **Chair**, Department Assessment Committee, Department of Public Health, Southern Connecticut State University, New Haven, CT

2017 – 2021 **Member**, Development of an online MPH degree, Department of Public Health, Southern Connecticut State University, New Haven, CT

2016 – 2021 **Member**, CEPH Accreditation Committee, Department of Public Health, Southern Connecticut State University, New Haven, CT

2017 – 2021 **Academic Advisor**, Undergraduate Program & Graduate Program, Department of Public Health, Southern Connecticut State University, New Haven, CT

2016 – 2021 **Liaison**, Honors College, Southern Connecticut State University, New Haven, CT

2019 – 2020 **Member**, Department Personnel Committee: Health Promotion/ Health Equity, Department of Public Health, Southern Connecticut State University, New Haven, CT

2019 – 2020 **Member**, Department Personnel Committee: Management & Leadership / Informatics, Department of Public Health, Southern Connecticut State University, New Haven, CT

2017 – 2019 **Member**, Development of a new capstone format for the MPH program, Department of Public Health, Southern Connecticut State University, New Haven, CT

2017 – 2018 Development of an online graduate certificate in epidemiology, Department of Public Health, Southern Connecticut State University, New Haven, CT

2016 – 2016 **Member**, Department Creative Activity Committee, Department of Public Health, Southern Connecticut State University, New Haven, CT

2016 – 2018 **Member**, Thesis and Special Project Application Review Committee

2016 – 2018 **Participant**, Eta Sigma Gamma Induction Celebration (April)

2016 – 2017 **Member**, Undergraduate Scholarship Award Application Review Committee

2016 – 2017 **Member**, Nutrition Research Group, Department of Public Health, Southern Connecticut State University, New Haven, CT

2017 – 2019 **Department Elections Representative**, Department of Public Health, Southern Connecticut State University, New Haven, CT

2016 – 2018 **Facilitator**, Conversations in Public Health Practice Seminar, Department of Public Health, Southern Connecticut State University, New Haven, CT

2016 **Member**, Ad-Hoc Committee on Plagiarism, Department of Public Health, Southern Connecticut State University, New Haven, CT

Doctoral Committees

- Samantha Cohen-Winans. (Committee Member) Prevalence of meeting 24-hour movement guidelines and sociodemographic correlates among US adults. University of Mississippi (2021 – 2023)

Master's Thesis Committees

- Toluwolape Adedugbe. (Advisor) Vaping Behaviors of Undergraduate College Students. Southern Connecticut State University (2019 – 2020)
- Jennifer Anziano. (Advisor) Food Insecurity among Undergraduate Student Athletes. Southern Connecticut State University. (2019 – 2020)
- Avery Gartman. (Advisor) Coping Behaviors among Food Insecure College Students. Southern Connecticut State University. (2020 – 2021)
- Breanna DeLeon. (Advisor) Physician Recommendations and Statin Use Among Adults in the US. Southern Connecticut State University. (2020 – 2021)
- Brittany Bard (Second Reader). Food Insecurity during COVID-19. Southern Connecticut State University. (2020)
- Nwanyieze (Ngozi) Jiakponnah (Second Reader) The effect of fear of falling and related correlates on intention to undertake strength and balance training for fall prevention. Southern Connecticut State University. (2020)
- Desiree Rondeau. (Advisor) HPV Vaccination Attitudes among Men (Graduate Research Fellow). Southern Connecticut State University. (2019 – 2020)
- Peter Zapata. (Advisor) The Impact of Sugar Listed on Nutrition Labels on Food Purchasing Intentions. Southern Connecticut State University. (2018 – 2020)
- Fisnik Demiri (Second Reader) Development of an App to Redistribute Leftover Food at SCSU (Computer Science Special Project) Southern Connecticut State University. (2019)
- Tess Goldson. (Advisor) Food Insecurity and Mental Health among Adults in the United States. Southern Connecticut State University. (2018 – 2019)
- Allie Mirek. (Advisor) Mental Health and Insurance among Undergraduates. Southern Connecticut State University. (2018 – 2019)
- Adrian Paulsen. (Advisor) Quality of Life & Food Cooperative Membership (Graduate Research Fellow). Southern Connecticut State University. (2018—2019)
- Rose Richi. (Advisor) Transgender Experiences with Gynecologic Services. Southern Connecticut State University. (2018 – 2019)
- LaQuanda Smith (Second Reader) Examining the Socio-Economic and Ecological Determinants of Young Black Male Homicide. Southern Connecticut State University. (2018)
- Ermonda Gjoni. (Advisor) The use of Vending Machines among SCSU College Freshmen. (2017 – 2018)
- Nathan Martinez. (Advisor) Relationship Between HIV/STD Testing, Condom Use, and Non-Injection Substance Use at SCSU. Southern Connecticut State University. (2017 – 2018)
- Meadeshia Mitchell. (Advisor) Behavioral, Environmental, and Physiological Factors Associated with Type 2 Diabetes Among Residents in New Haven Neighborhoods. Southern Connecticut State University. (2017 – 2018)
- Monique Rochester. (Advisor) Mental Health and Substance Use among Undergraduates. Southern Connecticut State University. (2018- 2019)
- Abigail Linsmeier (Putzer). (Advisor) The Influence of Nutrition Information on College Students' Sweetened Coffee Consumption Intentions. Southern Connecticut State University. (2017-2018)
- Josephine Ankrah. (Advisor) An Evaluation Toolkit for the Asociacion Bienestar, Progreso y Desarrollo (Wellbeing, Progress, and Development Association) (special project). Southern Connecticut State University. (2017 – 2018)

- Kira Pavlik (Second Reader) Seeing Beyond the Walls of the Shelter: A Mixed-Methods Approach at Understanding the Needs and Missed Opportunities of Homeless Men in New Haven, CT. Southern Connecticut State University. (2016 – 2017)
- Nicole Cornelio (Second Reader) The Effects of Shift Work on Eating Patterns in Employees of the City of Stamford. Southern Connecticut State University. (2016 – 2017)
- Stacey Tuttle. (Advisor) The Effects of Pet Therapy and Yoga Programs on Perceived Stress in College Students. Southern Connecticut State University. (2016 – 2017)
- Katarzyna Plona. (Advisor) Trends in Prescription Drug Misuse and Illicit Drug Misuse Among SCSU Students. Southern Connecticut State University. (2016- 2017)

Undergraduate Students (Honors Thesis Committees)

- Tina Truong. (Second Reader) Model minority myth among Asian college students and mental health. University of Mississippi (2023)
- Mary Claire Ford. (Advisor) Sugar sweetened beverage consumption and oral health University of Mississippi (2022- 2023)
- Kathleen Walsh (Second Reader) Injury experiences among D1 Football Players. University of Mississippi (2023)
- Bethany Shelby. (Second Reader) Understanding food insecurity using focus groups at UM. University of Mississippi (2022- 2023)
- Victoria Wolf. (Second Reader) Snacking behaviors among UM students. University of Mississippi (2022- 2023)
- Anastasia Jones-Burdick (University Reader) Student Food Insecurity and On Campus Food Pantries. University of Mississippi (2022- 2023)
- Whitney Cagle (Second Reader) The cardiovascular impacts of indoor exposures to PM2.5 below EPA standards University of Mississippi (2022)
- Geoffrey Reliquias. (University Reader) The Effects of Acute Exercise Intensity on Retrieval-Induced Forgetting. University of Mississippi (2022)
- Annie Ricupero. (Advisor) HPV Vaccination Policies at Colleges and Universities in the US. Southern Connecticut State University. (2020 – 2021)
- Latasha Neal. (Advisor) Mental Health and Food Insecurity among College Students. Southern Connecticut State University. (2020 – 2021)
- Elroie Fiescha. (Advisor) Vending Machine Use among Undergraduate College Students. Southern Connecticut State University. (2019 – 2020)
- Tracy Tenesaca. (Advisor) Is There an Association Between Diet and GPA Among Undergraduate College Students? Southern Connecticut State University. (2017 – 2018)
- Bethany Meyer. (University Reader) Experience of stress among first time fathers: A qualitative study. Southern Connecticut State University. (2017 – 2018)
- Amanda Erlwein. (Advisor) Geospatial Analysis and Qualitative Inquiry of Biking on SCSU’s Campus. Southern Connecticut State University. (2016-2017)

Mentoring

Mentoring Students - Doctoral

- Joshua Gautreaux. (Advisor) Graduate Research Assistant. University of Mississippi. (Fall 2022 – 2023)
- Tess Johnson. (Advisor) University of Mississippi. (Fall 2022 – present)
- Candace Bolden. (Advisor) University of Mississippi (Fall 2023 – present)
- Chesney Mardis. (Mentor) Independent Study. University of Mississippi. (Spring 2022 – Fall 2022)

Mentoring Students – Masters (MPH)

- Latasha Neal. (Advisor) Graduate Research Assistant. University of Mississippi. (Fall 2022 – 2023)
- Holly Loomes (Advisor) Graduate Research Assistant. University of Mississippi. (Fall 2021 – 2023)

- Holly Loomes (Internship Advisor). University of Mississippi. (Summer 2022)
- Alex Gruneiro (Capstone Advisor). University of Mississippi. (Spring 2023)
- Yakia Mckinnie (Advisor) University of Mississippi. (2021 – 2023)
- Josh Gautreaux (Advisor) Graduate Research Assistant. University of Mississippi. (Fall 2021 – Spring 2022)
- Anne Hollis Johnson (Advisor) Graduate Student Researcher. University of Mississippi. (2022 – 2023)
- Kritika Gupta (Advisor) Graduate Research Assistant. University of Mississippi. (2021 – 2022)
- Breanna Foreman. (Mentor) Independent Study. University of Mississippi. (Spring 2022)
- Elisabeth Matuska (McNivens) (Advisor) Research studies of college student health and food insecurity. MPH student research assistant. (August 2020– May 2021)
- Brittany Trnka (Internship advisor) Student Health Data Management, Analysis and Dissemination. Southern Connecticut State University. (MPH student, Fall 2020)
- Jennifer Anziano. (Advisor) Research studies of college student health and risk factors for food insecurity. MPH student research assistant. Southern Connecticut State University (August 2019 – May 2020)
- Shama Banik. (Advisor) Food Insecurity among college students. MPH Student research assistant. Southern Connecticut State University. (August 2018 – May 2019)
- Stephanie Romanowski (Internship advisor) Student Health Data Dissemination. Southern Connecticut State University. (MPH student, Fall 2018)
- Alejandra Moncayo (Internship advisor) New Haven Farms Program Evaluation. Southern Connecticut State University. (MPH student, Summer 2018)
- Tess Goldson (Internship advisor) SCSU Community Garden Program. Southern Connecticut State University. (MPH student, Summer 2018)
- Meadeshia Mitchell. (Internship advisor) SCSU Community Garden Program. Southern Connecticut State University. (MPH student, Summer 2018)
- Josephine Ankrah (Internship advisor) New Haven Farms Program Evaluation. Southern Connecticut State University. (MPH student, Fall 2017)
- Jane McGoldrick (Internship advisor) New Haven Farms Program Evaluation. Southern Connecticut State University. (MPH student, Summer 2017)
- Kara Rynecki (Internship advisor) Food Pricing in New Haven Connecticut. Southern Connecticut State University. (MPH student, Summer 2017)
- Abigail Linsmeier (Putzer) (Internship Advisor) SCSU Community Garden Program. Southern Connecticut State University. (MPH student, Summer 2017)
- Meadeshia Mitchell (Internship Advisor) SCSU Community Garden Program. Southern Connecticut State University. (MPH student, Summer 2017)
- Abigail Linsmeier (Putzer). (Advisor) Food Insecurity among students at SCSU. MPH student research assistant. Southern Connecticut State University. (Jan 2017 – May 2018)

Mentoring Students - Undergraduate

Student Researchers. (Epidemiology and Translational Research Lab)

- Emma Gurley. University of Mississippi (Fall 2022 – present)
- Riddhi Patel. University of Mississippi (Spring 2023 – present)
- Autumn Robbins. University of Mississippi (Spring 2023 – present)
- Brooklyn George. University of Mississippi (Spring 2023 – present)
- Hailee Chambliss. University of Mississippi (Fall 2022 – Spring 2023)
- Eron Hendrix. University of Mississippi (Spring 2023)
- Piper Scoskie. University of Mississippi (Spring 2023)
- Grace Chavez. University of Mississippi (Spring 2023)
- Riley (James) Morgan. University of Mississippi (Fall 2022 – Spring 2023)
- Anne (Hollis) Johnson. Internship Advisor, University of Mississippi (2022)
- Mary Claire Ford. Independent Study, University of Mississippi (2021 –2023)

- Jilkieh Bryant. Student Researcher, University of Mississippi (Fall 2021)
- Annie Ricupero (Undergraduate research assistant) Student Health Data Management and Analysis. Southern Connecticut State University. (January – August 2020)
- Preston Myatt (Undergraduate research assistant) An Ecological Study of Health Insurance Access among College Students. Southern Connecticut State University. (2018 - 2019)
- Candace Chapman (Internship advisor). New Haven Farms Program Evaluation, Southern Connecticut State University. (2018)

Summer Undergraduate Research Program

- AJ Crowther. University of Mississippi (2022)
- Anastasia Roberson. University of Mississippi (2022)
- Janiah Sanders. University of Mississippi (2022)
- Madeline Tegt. University of Mississippi (2022)
- Briana Reaser. University of Mississippi (2022)

Entrepreneurship Industry Academic Fellowship (EIAF): A Community Restaurant to Address Food Insecurity & Food Waste in New Haven, Connecticut.

- Gianna D'Angelo. Business Major. (Summer 2021)
- Faith Kim. Environment, Geography and Marine Sciences Major. (Summer 2021)
- Latasha Neal. Psychology Major (Summer 2021)

Courses Taught

University of Mississippi (2021 – 2023)

2023	PH 674: Chronic Disease Epidemiology (Online & In person)
2023	PH 391: Special Topics in Health: Epidemiology of the Apocalypse (Online)
2023	PH 680: Applied Epidemiology (Online & In person)
2023	PH 752: Advanced Graduate Independent Study
2021 - 2023	PH 646: Introduction to Epidemiology (Online & In person)
2021 - 2022	PH 300: Environmental Health (In person)
2022 - 2023	PH 352: Basic Epidemiology (In person)
2022	HK 750: Doctoral Seminar: Grant writing (In person)
2021 - 2023	PH 651: Advanced Graduate Independent Study
2022	HON 301: Honors Undergraduate Independent Research
2022	HK 751: Advanced Graduate Independent Study

Southern Connecticut State University (2016 – 2021)

2021	HLS 437: Clinical Trial Administration & Good Clinical Practice (Online)
2016 – 2021	HON 494/ HON 495: Honors Undergraduate Thesis 1 & 2
2016 – 2021	PCH 590/ PCH 591: MPH Thesis Seminar 1 & 2
2016 – 2020	PCH 265: Illness and Disease (Online & In Person)
2016 – 2021	PCH 342: Introduction to Epidemiology (Online & Hybrid)
2016 – 2019	PCH 499: Undergraduate Independent Study
2016 – 2021	PCH 600: Graduate Independent Study
2016 – 2021	PCH 593/ PCH 594: Special Project Seminar 1 & 2
2016 – 2019	PCH 515: Biostatistics (Hybrid & In Person)
2016 – 2020	PCH 516: Public Health Research (Online, Hybrid & In Person)
2017 – 2020	PCH 557: Advanced Epidemiology (Online & Hybrid)
2016	PCH 551: Epidemiology (Co-Instructor)
2016	NUR 812: Statistical Analysis in Education Research (Online)

The Ohio State University – Graduate Teaching Assistant (2013- 2014)

2014	PUBHEPI 7430: Epidemiology 3; Instructor: Dr. Amy Ferketich
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2013 – 2014 PUBHEPI 6430: Epidemiology 1 & Lab; Instructor: Dr. Susan Olivo-Marston

Southern Connecticut State University – Graduate Teaching Assistant (2010)

2010 Environmental Health Training Program; Instructor: Dr. William Faraclas

Honors, and Awards

2022 Selected participant, MCCTR Community Engagement and Outreach Summer Institute. Hattiesburg MS

2021, 2020, 2018 Nomination: SCSU, Philip J. Smith Outstanding Teacher Award

2020 Nomination: Connecticut State University Research Award

2020 Joan Finn Research Fellowship Award (9 credit research release) – Spring 2020

2019 SCSU, Social Justice Award: Top Owl February

2018 Nomination: SCSU Outstanding Academic Advisor Award

2017 SCSU, School of Health & Human Services: Service Award

2016 & 2017 Reviewer of Excellence: Journal of Nutrition, Education and Behavior

2016 2016 HR Excellence Award for Innovation by Columbus CEO Magazine

2016 OhioHealth PRISM Winner for the DPP Project (Stewardship)

2016 OSU College of Public Health: MS/ PhD Student Choice Award (for Service)

2014 11th Annual Russell Klein Poster Award: Best Applied Nutrition Poster

2013 OSU Edward J. Ray Travel Award for Scholarship and Service

2012 Society for Public Health Education (SOPHE) 21st Century Student Fellowship

2011-2012 SOPHE / CDC Student Fellowship in Child, Adolescent, and School Health

2011 Southern Connecticut State University Graduate Research Fellowship

2011 Eta Sigma Gamma Health Education Honorary

2010 REMEDY Person of the Year

2007 Roland Ward Thesis Award: Best Undergraduate Thesis

2007 American Institute of Chemists: Outstanding Student Majoring in Chemistry

2006 - 2007 University Scholar: The highest honor bestowed upon undergraduate students at UCONN for an outstanding thesis proposal

2006 - 2007 University of Connecticut Honors Program

2006 R.T. Major Lecture Series Poster Award Winner

2006 M.J. Collins Award Semi-Finalist: Outstanding Chemistry Student Researcher

2006 UCONN Office of Undergraduate Research Grant: Multicomponent Reaction Scale-up

2006 Shearing Plough Travel Grant

2004 CEM Sponsored Summer Research Fellowship

Current Professional Associations

2011 – Present American Public Health Association (APHA)

2011 – Present Eta Sigma Gamma (ESG) Health Education Honorary

2021 – Present Society for Nutrition Education and Behavior (SNEB)

2021 – Present Connecticut ACE Women’s Network (2021 – present)

Editorial Boards and Journal Reviews

Associate Editor

2023 – Present Journal of Nutrition, Education and Behavior

Journal Reviews (2016 – Present)

American Journal of College Health
Diabetes Care
Health Equity
Health Promotion Practice

Journal of Adolescent Health
Journal of Hunger and Environmental Nutrition
Journal of Nutrition, Education and Behavior
Preventing Chronic Disease
Public Health Journal
Public Health Nutrition

Community Activities and Memberships

2015 – 2024	Board Member , Recovered Medical Supplies for the Developing World (REMEDY), Yale School of Medicine
2009 – 2015	Director of Programs and Materials , REMEDY, Recovered Medical Equipment for the Developing World Yale School of Medicine, New Haven, CT
2023 – present	Pet Partners Certified Therapy Dog Team , Colt – (Breed: English Mastiff) <ul style="list-style-type: none">• Music City Pet Partners, Nashville, TN
2018 – 2020	Pet Partners Certified Therapy Dog Team , Penny – (Breed: English Mastiff) <ul style="list-style-type: none">• Hull Library Summer Food Program, Clinton, CT• Southern Connecticut State University, New Haven, CT• Yale New Haven Hospital, Smilow Cancer Center, New Haven, CT
2010 – 2012	Pet Partners Certified Therapy Dog Team , Bob – (Breed: Pug) <ul style="list-style-type: none">• Yale New Haven Hospital, Smilow Cancer Center, New Haven, CT
2014 – present	Mentor , PHENOM Public Health Group, Southern CT State University, New Haven, CT
February 2020	Mentor , American Heart Association STEM mentoring event, New Haven, CT. American Heart Association, Connecticut Chapter
2017 – 2021	Abstract Reviewer and Judge , New Haven Annual Science Fair, New Haven, CT
February 2018	Abstract Reviewer and Judge , Milford Invention Convention, Milford, CT
May 2013	Abstract Reviewer and Judge , Ohio Academy of Science, Columbus, OH
2016 – 2018	Member , New Haven Hunger Data Group
2014 – 2017	Student Match Up Mentor , The Ohio State University, College of Public Health, Columbus, OH
2012 – 2016	Volunteer epidemiology and biostatistics tutor , The Ohio State University, College of Public Health, Columbus, OH
2012 – 2016	Member & Peer Mentor , Multicultural Public Health Association. The Ohio State University, College of Public Health, Columbus, OH
2010 – 2011	Volunteer , Caring Cuisine Advocacy Project. AIDS Project New Haven, New Haven, CT
2009 – 2012	Workshop Administrator and Anesthesiology Shadowing Experience , Yale New Haven Hospital, Smilow Cancer Center, New Haven, CT